

URBAN MUSCLE

REAL PEOPLE. REAL BODIES. REAL HARD WORK.

Every Issue of *Reps!* will feature readers' physiques. Send in your best photo (make sure it is in sharp focus or of the highest quality digital on a CD). This contest is open to both men and women. Give us some details, like your age, weight, height, occupation and other interesting facts. One hundred dollars will be given to the best entry in the opinion of the editors. Write to: *Reps!* Photo Contest, 5775 McLaughlin Road, Mississauga, ON, L5R 3P7, Canada.



**\$100
Winner**

**BEST
ENTRY**

**James
Kohler**

Age: 27 Height: 6'4"

Weight: 250 Contest, 275 Off-season

James Kohler, from Calabasas, California, has been kicking some serious bodybuilding butt! The 27-year-old personal trainer has won both the NPC Natural Wisconsin and MuscleMania World contests.

James began weight training to gain size and strength for competing in Tae Kwon Do and Kung Fu. Once he began bodybuilding, he fell in love with the sport. See ya on the victory podium, James.

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